

Upcoming Lifeguarding Courses 2022

Beaverlodge West County Pool



Bronze Medallion

Course Cost: \$170

-Prerequisites: Bronze Star OR 13 years or older. CPR level C (current).

Bronze medallion teaches four components of water rescue education: judgement, knowledge, skills, and fitness. Rescuers learn tows, carries, and defense and release methods in preparation for challenging rescues of conscious and unconscious victims. Includes CPR A and AED as well as a 400m timed distance swim.

Dates: May 14th (8am-4pm), May 15th (8am-4pm), May 21st (9am-2pm)

Bronze Cross

Course Cost: \$125

-Prerequisites: Bronze Medallion (does not need to be current) and Standard First Aid with CPR-C (current).

Designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certification. Includes a timed 400m timed distance swim.

Dates: May 28th (8am-4pm), May 29th (8am-4pm), June 4th (9am-2pm)

National Lifeguard

Course Cost: \$395

-Prerequisites: Must be a minimum of 16 years old (by the LAST day of the course), Bronze Cross certification (does not need to be current) and Standard First Aid with CPR-C (current).

The National Lifeguard certification is the standard measurement of lifeguard performance in Canada. The course is designed to develop sound understanding of lifeguarding principles, good judgement and a mature responsible attitude toward the role of lifeguard. The program emphasizes teamwork, leadership, communications and the prevention of accidents and injuries.

Dates: June 11th (8am-4pm), June 12th (8am-4pm), June 18th (8am-4pm), June 19th (9am-2pm), June 25th (8am-4pm), June 26th (9am-2pm)