

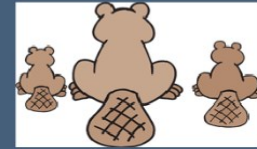
JUNE 30, 2022

TOWN OF BEAVERLODGE

Beaver Tails News

Seniors Celebrated Throughout the County for Annual Seniors Week

Seniors Week 2022 was celebrated throughout the County on June 5-11, 2022. This was a time to honour the past, present, and future contributions of seniors and recognize the value of seniors in our community. Each year, communities across Alberta celebrate our valued seniors. This year, Beaverlodge FCSS along with FCSS from Sexsmith and Wembley partnered with the County and City of Grande Prairie to host a Bi-Annual Seniors Tea held at Evergreen Park on June 9, 2022. Over 250 seniors took part in the tea from many communities in the county. Councillors from the County, City, Sexsmith, Beaverlodge and Wembley were on hand to serve the seniors coffee, tea, lunch and cake. Beaverlodge was represented by Councillors Gena Jones, Cyndi Corbett and Judy Kokotilo-Bekkerus. The Town of Beaverlodge held it's own Seniors Tea on June 10, 2022 on Main Street in conjunction with the Art Walk.



Council Corner

Mayor

Gary Rycroft

Councillors

Cal Mosher

Hugh Graw

Gena Jones

Cody Moulds

Cyndi Corbett

Judy Kokotilo-Bekkerus

Next Council Meeting and

Committee of the Whole:

July 11, 2022

6pm - Committee of the Whole

7pm - Council Meeting





TOWN OF BEAVERLODGE UPDATES

DID YOU KNOW...

Water Conservation Bylaw #885

The Town of Beaverlodge has a water conservation by-law in place. This is very important as it helps us to conserve and protect our water supply, while still allowing residents to water their lawns and keep them looking beautiful.

Normal watering days for odd numbered houses are Tuesday, Thursday and Sunday and for even numbered houses, Monday, Wednesday and Saturday. Watering may only be done during the following hours: 6am-9am and 7pm - 11pm. Flowerbeds and vegetable gardens may be watered by hand, at any time, using a watering can or a hose nozzle with a trigger shut off to restrict water flow. Children's water toys may be used for recreational purposes as long as the children are present.

These are level 1 restrictions and fines can be levied if they are not adhered to.

For more information on Bylaw #885 - Water Conservation Bylaw or other Bylaws, go to beaverlodge.ca and Local Government Tab, select Bylaws from the menu on the left.



ROAD WORK UNDERWAY

It is that time of year again...construction. You will notice many crews out working filling potholes and upgrading infrastructure. Please be patient and mindful of workers present on the roads. We appreciate your cooperation.



PUBLIC WORKS UPDATE

- CALCIUM CARBONATE FOR DUST CONTROL ON ROADS HAS BEGUN
- WE APPRECIATE YOUR PATIENCE WITH ALL THE CONSTRUCTION

Please be aware and drive slowly around workers and equipment





Council Update

Here we are, half of the year is gone. The best news in the Seniors and Community Housing industry is the lifting of Covid restrictions!!!! As Council's appointed representative on the Grande Spirit Foundation and the current Board Chair, I have witnessed firsthand just how hard the past couple of years have been. Isolation has hampered the quality of life in so much of our population especially the aged. Just a few weeks ago, the Art Walk Event attendance showed us how eager people are to be out and about and mixing and mixing and mixing!!!! For sure this summer will be much livelier than the last. Can we say we will be back to normal or let's just establish a daily new normal.

We are eight months into the Council term. This is my fifteenth year as your Council Member. Once again, we are adjusting to assigned positions and learning of individual passions and personalities. I believe we blend well. Beaverlodge has so much potential, and I believe we are an effective team. The seven members of council cannot do it alone. I am the Chair of the Community Enhancement Committee of Council. The other two Council members are Gena Jones and Cody Moulds. As per the committee terms of reference we put out a call for public members at large. I am delighted that three passionate, community caring and minded women applied and have been appointed by Council. You will recognize the names: Christy Martin, Megan Hauger and Margie Weiss. When you see them, thank them for their commitment to serving this community.

By Council's commitment to maintaining infrastructure and facilities, offering programs and services to meet the needs of our residents we will continue to be the choice home community for many. We are already the place where many dreams are fulfilled.

Know that it has and is an honor and privilege to serve you the People of Beaverlodge. My prayer for each you is "BE WELL". Broader also for the Hospital Replacement and the Highway Twinning.

Should you have any suggestions or questions, please contact me directly by phone 780-882-1878 or email JKokotilo-Bekkerus@beaverlodge.ca

Have a blessed summer!!

Judy Kokotilo-Bekkerus

AROUND TOWN

SENIORS WEEK CELEBRATED ACROSS THE COUNTY

Seniors Week was celebrated June 5-11, 2022. Events were held in many communities including a Bi-Annual Seniors Tea put on by the County of Grande Prairie, the City of Grande Prairie, and FCSS's from Beaverlodge, Wembley and Sexsmith at Evergreen Park on June 9th. Beaverlodge held it's own Seniors Tea on June 10 in conjunction with the Art Walk. Many seniors came out to hear the Rio Grande Band while enjoying some refreshments and cupcakes.

FIRST ANNUAL ART WALK FUN FOR ALL AGES

The Beaverlodge Chamber hosted the first annual Art Walk on June 10, 2022. Main Street was packed with numerous vendors, food trucks and entertainment for the whole family. Activities started with the schools bringing their students down to explore, decorate main street with chalk, and take part in dunking various community members in the dunk tank. The evening brought more live music, the beer gardens and MLA Travis Teows even made an appearance. The day was a huge success thanks to all the hard work the Chamber and all the volunteers put in. Peace Officer Mark Morrival donated his time in

the dunk tank and was such a great sport. Many kids (and adults) enjoyed trying their hand at dunking him and many succeeded. Councilor Cody Moulds also donated his time in the tank along with many other community members.

BIKE ROAD-E-O IS BACK

After a two year hiatus, the Bike Road-E-O was back teaching students in grades 1-5 about bike safety, helmet safety, street safety and brain injury prevention. Volunteers were on hand from Alberta Health Services, AMA, FCSS, Peace Officer Mark Morrival and the Blue Heron Support Services on Friday, June 24 at Beaverlodge Elementary School.



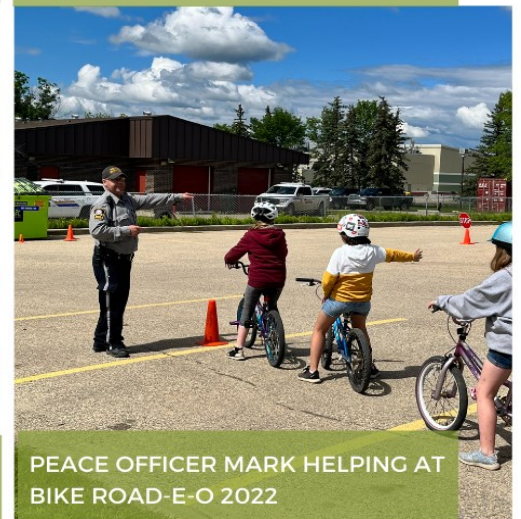
COUNCILOR JONES AND CORBETT HELPING SERVE OUR SENIORS AT THE BI-ANNUAL EVENT



PEACE OFFICER MARK DONATED HIS TIME IN THE DUNK TANK



SOME BEAVERLODGE SENIORS ENJOYING SENIORS WEEK



PEACE OFFICER MARK HELPING AT BIKE ROAD-E-O 2022



NOAH GRANT MEMORIAL BASEBALL TOURNAMENT

JULY 29, 30, 31

BEAVERLODGE

U11, U13, U15/18

6 TEAMS PER DIVISION

\$200/TEAM

- **3 GAMES GUARANTEED**
- **FOOD TRUCKS**
- **CAMPING AVAILABLE**
- **BASEBALL ALBERTA RULES**




Call or E-mail Cody to register 780-876-5899 cmoulds@beaverlodge.ca

RECREATION CENTER

July Pool and Fitness Center Schedule

Beaverlodge Pool Schedule-July and August 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim 6:00am-8:00am						
Aquafit - Shallow 9:00am-10:00am	Aquafit - Deep 9:00am-10:00am	Aquafit - Combo 9:00am-10:00am	Aquafit - Shallow 9:00am-10:00am	Uninstructed Aquafit/ Lane Swim 9:00am-10:00am		
Lessons 10:00am-12:30pm					Parent and Tot 10:00am-11:00am Private Lessons 11:00am-12:30pm	Private Pool Rental 11:00am-12:00pm Low Sensory Swim 11:00am-12:00pm
Public Swim 12:30pm-3:00pm					Public Swim 12:00pm-5:00pm	Public Swim 12:00pm-5:00pm
Senior & Assisted Swim 3:00pm-4:00pm						
Barracudas Swim Club/Lessons 4:00pm-6:00pm				Public Swim 4:00pm-10:00pm	Private Pool Rental 5:00pm-6:00pm	Private Pool Rental 5:00pm-6:00pm
Public Swim 6:00pm-10:00pm	Lessons 6:00pm-8:00pm	Synquatics/ Parent and Tot 6:00pm-7:30pm	Lessons 6:00pm-8:00pm		Public Swim 6:00pm-8:00pm	Public Swim 6:00pm-8:00pm
	Lane Swim/Aquafit (Deep) 7:00pm-8:00pm		Lane Swim/Aquafit (Shallow) 7:00pm-8:00pm			
Public Swim 8:00pm-10:00pm						

IMPORTANT DATES TO REMEMBER

HOLIDAY FACILITY HOURS FOR POOL AND FITNESS CENTER :

Canada Day July 1st 12:00pm-5:00pm & Civic Holiday August 1st 12:00pm-5:00pm

WIBIT WEEKEND- July 30th-August 1st & August 27th-28th

Fitness Center Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am-10:00pm	6:00am-10:00pm	6:00am-10:00pm	6:00am-10:00pm	9:00am-10:00pm	10:30am-8:00pm	10:30am-8:00pm
Facebook: Beaverlodge Recreation Center			(780) 354-2203		www.beaverlodge.ca	



Swimming Lessons July 2022

Beaverlodge Recreation Center



Starfish/Duck/Sea Turtle (Parented)

Starfish: Babies and their caregivers work on getting wet, buoyancy and movement. Front, back and vertical position in water, and shallow water entries.

Duck: Babies and their caregivers work on rhythmic breathing, moving forward and backward, front and back float with recovery, and shallow water entries and exits.

Sea Turtle: Toddler and their caregiver work on submersion. Front and back floats and glides, jumping into chest deep water with assistance, and kicking on front and front swim.

July 7th - August 2nd	Tuesdays & Thursdays	9:30am-10:00am (#3209)
July 7th - August 2nd	Tuesdays & Thursdays	4:00pm-4:30pm (#3210)
July 6th - August 3rd	Mondays & Wednesdays	4:00pm-4:30pm (#3222)

Sea Otter

Sea Otter: Swimmers work on front and back floats and glides, kicking on front with a buoyant object, and will be able to swim 1 meter upon completion of this level.

July 7th - August 2nd	Tuesdays & Thursdays	9:00am-9:30pm (#3208)
July 7th - August 2nd	Tuesdays & Thursdays	4:30pm-5:00pm (#3211)
July 6th - August 3rd	Mondays & Wednesdays	4:00pm-4:30pm (#3221)
July 18th - 28th	Monday - Thursday	11:00am-11:30am (#3206)

Salamander/Sunfish

Salamander: Swimmers work on improving their front and back float and jumping into chest deep water unassisted. Kicking is added to the front and back glide and swimmer will be able to swim 2 meters upon completion.

Sunfish: Swimmers work on kicking and can perform glides (front and back), enter deep water safely, float in deep water, swim with a PFD, and swim 5 meters continuously.

July 4th - 14th	Monday - Thursday	10:30am-11:00am (#3198)
July 7th - August 2nd	Tuesday & Thursday	5:00pm-5:30pm (#3212)
July 5th - 28th	Tuesday & Thursday	6:30pm-7:00pm (#3219)
July 6th - August 3rd	Monday & Wednesday	5:00pm-5:30pm (#3223)



Crocodile/Whale

Crocodile/ Whale: Swimmers increase their distance on front and back glide with kick, increase distance on front and back swim, learn the sitting dive, and will be able to swim 15 meters continuously upon completion of the level.

July 6th - August 3rd	Mondays & Wednesdays	5:30pm-6:00pm (#3224)
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Swim Kids 1/2

Swim Kids 1: Swimmers develop front and back float, front and back glide, flutter kick (assisted), shallow water entries and exits, and swim 5 meters.

Swim Kids 2: Swimmers learn front and back glide with flutter kick, develop front swim, complete deep-water activities (assisted) and swim 10 meters continuously.

July 4th - 14th	Monday - Thursday	10:30am-11:00am (#3194)
July 5th - 28th	Tuesdays & Thursdays	6:00pm-6:30pm (#3214)
July 5th - 28th	Tuesdays & Thursdays	7:00pm-7:30pm (#3216)
July 7th - August 2nd	Tuesdays & Thursdays	5:30pm-6:00pm (#3213) * RIVER ONLY
July 18th - 28th	Monday - Thursday	10:00am-10:30am (#3203)

Swim Kids 3/4

Swim Kids 3: Swimmers increase their distance on front and back glide with flutter kick, perform flutter kick unassisted, wear a PFD in deep water, float in deep water, and swim 15 meters continuously.

Swim Kids 4: Swimmers learn back swim with shoulder roll and front crawl (10m), work on flutter kick and back, perform kneeling dive, introduction to sculling and swim 25 meters continuously.

July 4th - 14th	Monday - Thursday	10:30am-11:00am (#3196)
July 5th - 28th	Tuesdays & Thursdays	6:30pm-7:00pm (#3215)
July 5th - 28th	Tuesdays & Thursdays	6:00pm-6:30pm (#3218)
July 18th - 28th	Monday - Thursday	10:30am-11:00am (#3205)



Swim Kids 5/6

Swim Kids 5: Swimmers develop front crawl (15m) learn back crawl (15m) and whip kick on back, learn stride dive and tread water, perform head first sculling on back and swim 50 meters continuously.

Swim Kids 6: Swimmers increase their distance on front and back crawl (25m), learn dolphin kick, tread water in deep water, perform front dive, and swim 75 meters continuously.

July 5th - 28th	Tuesdays & Thursdays	7:30pm-8:00pm (#3217)
July 18th - 28th	Monday - Thursday	10:00am-10:30am (#3201)

Swim Kids 7/8/9/10

Swim Kids 7/8/9/10: Swimmers increase their distance on front and back crawl (75m) and elementary back stroke (25m), learn breast stroke (15m), learn eggbeater/tread water, perform feet first surface dive and standing shallow dive, and swim 300 meters continuously.

July 5th - 28th	Tuesdays & Thursdays	7:00pm-8:00pm (#3220)
July 18th - 28th	Monday - Thursday	10:30am-11:30am (#3202)

Private Lessons

These lessons are designed to give participants individualized attention to improve or master their swimming skills. Together, the instructor, participant and/or parent determine the goals for the session and the curriculum is customized in order to meet these goals. Private lessons are an ideal time to work through Red Cross Adapted Swim Lessons. Adapted lessons are available for all of the Red Cross Swim Kids levels (SK 1-10) and give participants with impaired mobility or developmental delays the opportunity to learn a variety of swimming skills.

Private lessons can be taught with up to 3 participants per lesson given they are within the same skill level or 2 levels apart.

July 6, 13, 20, 27, Aug 3rd	Wednesdays	6:00pm-6:30pm (#3195)
July 6, 13, 20, 27, Aug 3rd	Wednesdays	6:30pm-7:00pm (#3197)
July 6, 13, 20, 27, Aug 3rd	Wednesdays	7:00pm-7:30pm (#3199)
July 4th - 7th	Monday - Thursday	11:30am-12:15pm (#3200)
July 4th - 7th	Monday - Thursday	11:30am-12:15pm (#3204)
July 8, 15, 22, 29, Aug 5	Fridays	11:00am-11:30am (#3207)



Lesson Fees and Information

Private Lesson: \$100 for the first participant and \$50 for each additional participant. Maximum of 3 participants per lesson set.

Preschool (Starfish to Whale): \$47
 Swim Kids 1 to 4: \$47
 Swim Kids 5 to 6: \$49
 Swim Kids 7 to 10: \$52

Registration cut off will be the first day of the lesson.

Swimming Lesson/Fitness Class Refund Policy

Refunds will be provided under the following conditions, only: When a doctor's note is provided the refund is effective starting the date the doctor's note is received by recreation staff, or if a program is cancelled by the Town.

Credit will be issued for the unused portion of a program under the following conditions: When notice is provided to the facility or program operator seven (7) days prior to the start of the program; or when there is a waitlist and staff are able to resell the space in that program; or if a program is rescheduled by the Town.

Transfers are permitted when the recreation staff are notified seven (7) days prior to the course or program start date or at the recommendation of the instructor provided the course or program has not already started.

All Refunds/Transfers will be subject to a \$10 administration fee, unless altered by the Town office.

Call 780-354-2203 to register - please leave us a voicemail if your call is missed and someone will return your call as soon as possible in the order it was received.

Please note that lessons that run July 6th - August 3rd WILL not have lessons on Canada Day (July 1st).



SUMMER CAMPS

5 Days Limited Spots Available \$150.00

DATES:

JULY 11TH-15TH : CAMP WEEK #1

AGES 6-9 YEARS

JULY 18TH-22ND: CAMP WEEK #2

AGES 9-12 YEARS

JULY 25TH-29TH: CAMP WEEK #3

AGES 6-9 YEARS

OUTSIDE AND INSIDE!

- Sports
- Crafts
- Swim Lessons: 45 min Lessons
- Bike Safety
- And More!

LOCATION:

St. Marys School
Drop-off - 9:00AM-9:30AM
Pick-up - 3:00PM

WHAT TO BRING:

Swim Suit and Towel
2 Snacks and a lunch
Indoor + Outdoor Shoes
Dress For Weather



Beaverlodge Recreational Center

780-354-2203

1016-4th Avenue, Beaverlodge AB T0H 0C0

www.beaverlodge.ca



DRIVE HAPPINESS

SENIORS ASSISTED TRANSPORTATION

VOLUNTEER DRIVERS NEEDED!

Do you have a car and like to
drive?

Do you like to meet new people
and help seniors in your spare
time?

VOLUNTEER WITH US!

Flexible with your schedule,
location, and you receive a
gas reimbursement!

Visit drivehappiness.ca to download an
application or call 780-424-5438 for more
information.



DRIVE HAPPINESS

SENIORS ASSISTED TRANSPORTATION

VOLUNTEER DRIVERS NEEDED!

YOU CAN MAKE A DIFFERENCE!

Drive Happiness is a non-profit organization
that provides assisted transportation
services to older adults through the help of
volunteer drivers.



Mobility is about more than getting from
point A to B. It's about dignity, freedom, and
being in control of your lifestyle. With Drive
Happiness, seniors are able to keep their
independence and remain active and
engaged in their communities.


Help get seniors where they need to go!
DRIVEHAPPINESS.CA 780-424-5438

WHAT IS DRIVE HAPPINESS?

Founded in 1998, Drive Happiness provides safe, reliable, and affordable transportation through volunteer drivers. Our goal is to end social isolation among seniors living in Alberta.


We offer a door-through-door service for our riders, taking them to the grocery store, to various medical clinics, or to visit with family and friends. Our dedicated volunteers provide 20,000 rides per year to over 1,200 riders in Edmonton and surrounding communities, and we just keep growing! See our website for a full list of areas we serve.

Our vision is a future where all seniors, regardless of barriers like income, health, or mobility challenges, are able to access assisted transportation services to remain active and engaged in their communities.




"You really get to know the drivers. I couldn't believe how much better I started to feel. I was homebound before, mentally and physically."

-Rider



"I like meeting the seniors. It makes me feel great to help them accomplish what they need to do."

-Volunteer



"Before, everything was just too hard so I stayed at home. It was lonely, but now this makes it so easy!"

-Rider

VOLUNTEERS NEEDED!

Do you have a car and like to drive? Do you like to meet new people and have some free time to spare? Volunteer with us!

Mobility is about more than getting from point A to B. It's about dignity, freedom, and being in control of your lifestyle. As a volunteer with Drive Happiness you can help get seniors where they need to go.

Volunteer positions are fun, flexible, and even offer a gas reimbursement. You can pick and choose your schedule to work with you!

Applications can be downloaded on our website.

There are screening processes involved with becoming a volunteer driver. Once your application has been received, office staff will contact you with the next steps.