

NuVista Energy Centre – Summer Swim Lessons

Parented and Preschool Lessons

Parent and Tot lessons are for children 4 months – 3 years old.

Preschool lessons are for swimmers ages 3-5 years old.

8 lessons, \$50/session

Call to register: 780-354-2203

Parent & Tot 1,2,3	Aug 1-Aug24	Tues/Thurs	4:15pm-4:45pm	#3437
Parent & Tot 1,2,3	July 4 - July 27	Tues/Thurs	5:00pm-5:30pm	#3426
Parent & Tot 1,2,3	July 4-7&10-13	Week1 Tues-Fri Week2 Mon-Thurs	11:15am-11:45am	#3414
Parent & Tot 1,2,3	Aug 14-17&21-24	Mon-Thurs	10:15am-10:45am	#3422
Preschool 1&2	Aug 1-Aug24	Tues/Thurs	4:45pm-5:15pm	#3438
Preschool 1&2	July 4 - July 27	Tues/Thurs	4:30pm-5:00pm	#3425
Preschool 1&2	July 4-7&10-13	Week1 Tues-Fri Week2 Mon-Thurs	10:15am-10:45am	#3412
Preschool 1&2	July 31-3, Aug 8-11	Week1 Mon-Thurs Week2 Tues-Fri	10:45am-11:15am	#3418
Preschool 3&4	Aug 1-Aug24	Tues/Thurs	5:15pm-5:45pm	#3439
Preschool 3&4	July 4 - July 27	Tues/Thurs	4:00pm-4:30pm	#3424
Preschool 3&4	July 4-7&10-13	Week1 Tues-Fri Week2 Mon-Thurs	10:45am-11:15am	#3413
Preschool 3&4	July 31-3, Aug 8-11	Week1 Mon-Thurs Week2 Tues-Fri	10:15am-10:45am	#3417

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Lifesaving Society Swimmer Levels

The Lifesaving Society's 6-level Swimmer program makes sure your children learn how to swim before they get in too deep. Swimmer progressions accommodate children 5 years and older including absolute beginners as well as swimmers who want to build on the basics.

8 lessons, \$50/session

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Swimmer 1	Aug 1-Aug24	Tues/Thurs	12:30pm-1:15pm	#3440
Swimmer 1	July 4 - July 27	Tues/Thurs	6:45pm-7:30pm	#3428
Swimmer 1	July 4 - July 27	Tues/Thurs	1:15pm-2:00pm	#3430
Swimmer 1	July 4-7&10-13	Week1 Tues-Fri Week2 Mon-Thurs	10:00am-10:45am	#3415
Swimmer 1	Aug 14-17&21-24	Mon-Thurs	10:00am-10:45am	#3423
Swimmer 2&3	Aug 1-Aug24	Tues/Thurs	1:15pm-2:00pm	#3441
Swimmer 2&3	Aug 1-Aug24	Tues/Thurs	12:30pm-1:15pm	#3442
Swimmer 2&3	Aug 1-Aug24	Tues/Thurs	6:45pm-7:30pm	#3445
Swimmer 2&3	July 4 - July 27	Tues/Thurs	6:00pm-6:45pm	#3427
Swimmer 2&3	July 4-7&10-13	Week1 Tues-Fri Week2 Mon-Thurs	11:00am-11:45am	#3416
Swimmer 2&3	July 31-3, Aug 8-11	Week1 Mon-Thurs Week2 Tues-Fri	11:15am-12:00pm	#3419
Swimmer 2&3	July 31-3, Aug 8-11	Week1 Mon-Thurs Week2 Tues-Fri	10:00am-10:45am	#3420

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Swimmer 4	Aug 1-Aug24	Tues/Thurs	1:15pm-2:00pm	#3443
Swimmer 4	July 4 - July 27	Tues/Thurs	12:30pm-1:15pm	#3429
Swimmer 4	July 4 - July 27	Tues/Thurs	6:00pm-6:45pm	#3435
Swimmer 4	July 31-3, Aug 8-11	Week1 Mon-Thurs Week2 Tues-Fri	11:00am-11:45am	#3421

Swimmer 5	Aug 1-Aug24	Tues/Thurs	6:00pm-6:45pm	#3444
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Swimmer 6	Aug 1-Aug24	Tues/Thurs	6:00pm-6:45pm	#3450
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Canadian Swim Patrol

The Swim Patrol provides enriched training for those who are ready to go beyond learn-to-swim. Swim Patrol's three levels - Rookie, Ranger, and Star - continue to develop participants' swim strokes and provide the skill foundation that prepares them for success in the Society's Bronze medal awards.

8 lessons, \$58/session

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CSP-Rookie	July 4 - July 27	Tues/Thurs	7:00pm-8:00pm	#3436
CSP - Ranger	Aug 1-Aug24	Tues/Thurs	7:00pm-8:00pm	#3451

NuVista Energy Centre – Summer Swim Lessons

Private Swim Lessons

These lessons are designed to give participants individualized attention to improve or master their swimming skills. Together, the instructor, participant and/or parent determine the goals for the sessions. These lessons are for swimmers at least 5 years of age. Private lessons can be taught with up to 3 participants per lesson only if they are within the same skill level or 2 Swimmer levels apart.

\$120 for the first participant and \$60 for each additional participant to a maximum of 3.

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Private Lessons	Aug 1,3,8,10	Tues/Thurs	12:00pm-12:45pm #3446
Private Lessons	Aug 1,3,8,10	Tues/Thurs	12:45pm-1:30pm #3447
Private Lessons	Aug 22,24,29,31	Tues/Thurs	12:00pm-12:45pm #3448
Private Lessons	Aug 22,24,29,31	Tues/Thurs	12:45pm-1:30pm #3449
Private Lessons	July 4,6,11,13	Tues/Thurs	12:00pm-12:45pm #3431
Private Lessons	July 4,6,11,13	Tues/Thurs	12:45pm-1:30pm #3432
Private Lessons	July 18,20,25,27	Tues/Thurs	12:00pm-12:45pm #3433
Private Lessons	July 18,20,25,27	Tues/Thurs	12:45pm-1:30pm #3434

Swimming Lesson/Fitness Class Refund Policy Refunds will be provided under the following conditions, only: When a Doctor’s note is provided the refund is effective starting the date the doctor’s note is received by the recreation staff; or if a program is cancelled by the Town. Credit will be issued for the unused portion of a program under the following conditions: When notice is provided by the facility or program operator seven (7) days prior to the start of the program; or when there is a waitlist and staff are able to resell the space in that program; or if a program is rescheduled by the Town. Transfers are permitted when the recreation staff staff are notified seven (7) days prior to the course or program start date or at the recommendation of the instructor provided the course or program has not already started. All refunds/transfers will be subject to a \$10 administration fee, unless altered by the Town Office.