

# Fresh Partnership: New Meal Provider Joins Beaverlodge Meals on Wheels

Beaverlodge Family and Community Support Services (FCSS) and the Beaverlodge Food Bank have long been dedicated to enhancing the well-being of local residents, and their recent initiative, Beaverlodge Meals on Wheels, is no exception. Recognizing the growing need to help seniors remain in their homes as they age, FCSS took action, acknowledging the physical and mental health benefits that come with aging in place.

The program began as a pilot project in June 2023, when FCSS and the Food Bank successfully applied for and received a grant from Healthy Aging Alberta. The goal was clear: to provide nutritious, supplementary meals to vulnerable members of the community. Partnering initially with Apetito Frozen Meals, FCSS volunteers delivered 355 meals to 41 clients in the first seven months alone. As of August 2024, that number has grown significantly, with 826 meals delivered, demonstrating the increasing demand and success of the program.

"We saw the need to support seniors and others in the community who could benefit from a reliable frozen meal service," said Reanna, FCSS Program Coordinator. "The program has grown quickly, and we're grateful for the feedback that has helped us improve it along the way."

Fast forward to July 2024, and the program has expanded its offerings by partnering with Edmonton Meals on Wheels, introducing an exciting new menu. Clients can now choose from 15 different entrees, five soups, and two desserts. These meals are designed to be both nutritious and delicious, ensuring seniors can enjoy a well-balanced diet from the comfort of their own homes.

While deliveries are currently limited to in-town residents, those living outside Beaverlodge can still place orders and pick them up on specified dates. Subsidies are available for eligible individuals, ensuring the service remains accessible to all who need it.

For more information, to view the full menu, or to place an order, residents are encouraged to contact Reanna at 780-354-4057. Beaverlodge Meals on Wheels continues to bring nutritious meals and a sense of care to the community, one delivery at a time.

## **Council Corner**

**Mayor** 

Gary Rycroft

Councillors

Cal Mosher

Hugh Graw

Ryier Hommy

Cody Moulds

Cyndi Corbett

Judy Kokotilo-Bekkerus

Next Council Meeting and Committee of the Whole:

October 15, 2024

October 28, 2024

6pm - Committee of the

Whole

7pm - Council Meeting



Photo Credit: Austin Payer

# Volunteer Crisis Threatens Beaverlodge Community Organizations

Volunteerism, once the backbone of small communities like Beaverlodge, is on the brink of collapse. Service organizations across town, including the Beaverlodge Elks, IODE, Community Garden, Hospital Auxiliary, Food Bank and others, are struggling to survive as the number of active volunteers continues to dwindle. The implications of this trend are dire—not just for the organizations themselves, but for the entire community.

These groups, driven by volunteers, have historically been able to provide tens of thousands of dollars in financial support and in-kind donations to local projects and initiatives. From funding youth programs to maintaining public spaces and providing assistance to those in need, their contributions have woven a strong social fabric in Beaverlodge.

However, the reality is stark. Without an influx of new volunteers, these organizations face the risk of folding. This would not only result in the loss of essential services but also jeopardize the continued flow of financial and material support to local causes. It's an epidemic that extends beyond Beaverlodge, affecting volunteer organizations throughout Alberta.

Volunteering offers a wealth of personal benefits, including skill development, social connections, and a deep sense of purpose. Yet, the demands of modern life,



competing priorities, and a general decline in community engagement have led to a critical shortage of volunteers. The result is a vicious cycle: with fewer volunteers, the workload on remaining members increases, leading to burnout and further decline in participation.

The consequences of this crisis are already visible. The loss of service organizations would mean the disappearance of countless contributions that make Beaverlodge a vibrant place to live. It would also impact the availability of support for community events, educational programs, and social services that rely on these groups.

The call to action is clear: without a renewed commitment to volunteerism, our community stands to lose much more than a few service groups. We risk losing the spirit of generosity and collective effort that defines us.

Beaverlodge needs its residents to stand up and get involved. Whether it's an hour a week or a single event, every bit helps. The survival of our community organizations—and the vital support they provide—depends on it. Let's ensure that the legacy of volunteerism in Beaverlodge not only survives but thrives.

## Monthly Newsletter

#### BEAVERLODGE.CA

780-354-2201



# Did You Know: Dogs Must Be Leashed When Off Your Property

The Town of Beaverlodge has a bylaw to help keep our community safe and enjoyable for everyone when it comes to dogs off their owner's property.

If you're taking your dog out for a walk or anywhere off your own property, here's what the bylaw states:

## Keep Your Dog Under Control: Anytime your dog is

off your property, you need to make sure it is under control. This means your dog must be on a leash that is no longer than two meters (about 6.5 feet).

2. Off-Leash Areas: If you're in an off-leash area, your dog doesn't have to be on a leash, but you must have a leash with you, just in case you need it. This keeps things safe for everyone, even in designated off-leash zones.

#### 3. No Off-Leash in

Playgrounds: Dogs must be on a leash at all times when they are near or in playgrounds. This is for the safety of children and others using these spaces. This includes the ball diamonds and soccer fields.

In addition to the general leash rules, there are specific regulations in the Town of Beaverlodge for restricted dogs—these are breeds or individual dogs that have been deemed a higher risk. Here's what owners of restricted dogs need to know:

1. Insurance: If you own a restricted dog, you are required to have liability insurance that covers any personal injury caused by your dog. The insurance must be at least one million dollars. This ensures that if anything were to happen, damages are covered.

#### 2. Leash and Muzzle Rules:

Anytime a restricted dog is off its owner's property, it must be:

- Under control,
- Wearing a muzzle, and
- On a leash that is no longer than two meters (about 6.5 feet).

These rules are in place for everyone's safety. Keeping your dog on a leash and muzzled prevents accidents with other residents or pets, while insurance ensures that any unfortunate incidents are responsibly handled. Following these guidelines helps maintain a safe and welcoming community for everyone.

To read the bylaw, please visit beaverlodge.ca/bylaws





## New Accessibility Ramp at the Beaverlodge Library

The Town of Beaverlodge is pleased to announce that the newly constructed accessibility ramp in front of the Beaverlodge Library is now complete and ready for use.



#### **Beaverlodge Public Library**

406 10th Street Beaverlodge, AB TOH 0C0 Phone: (780) 354-2569

Designed to assist patrons with mobility challenges, the ramp will make it easier for everyone to access the library's resources and services.

This project reflects the Town's ongoing commitment to improving accessibility and creating a more inclusive community for all residents.



## Subdivision Application

1. Pursuant to Section 653 (5) of the Municipal Government Act. Please be advised that the Town of Beaverlodge has received the following application for sub-division approval.

File # 2024-02-0002

Legal Description: Plan 752-1786

Block A

**Applicant/Owner:** Riley O'Connell **Land Use:** Residential R2 # of Lots: 4

Subdivision Meeting: Tuesday,

October 15, 2024

**Approximate Time:** 5:45 pm **Place:** Council Chambers, 400-

10th Street

Details of the foregoing applications may be obtained by contacting the Town of Beaverlodge at 354-2201. Anyone wishing to comment on this application can do so in writing to:

> Development Officer Town of Beaverlodge Box 30 Beaverlodge, AB TOH 0C0

Written submissions for the abovementioned must be received at the Town Office by 3:00 p.m. on Friday October 4, 2024.

Applications and support documents may be viewed at the Town office, 400-10th Street Beaverlodge, Alberta during regular business hours.



# Teen Skills & Chill IS BACK!!

FCSS is proud to offer the Teen Skills & Chill program for another year. Featuring alternating themed nights of skill development and socialization. Our aim is to empower and support our local teenagers by offering opportunities for personal growth and connection.





### Teen Skills

Thursday Nights we will be dedicating to cultivating essential life skills that promote resilience and effective coping mechanisms. Through engaging activities and discussions, our aim is to equip teens with the tools they need to navigate some of life's challenges and develop into confident, well-rounded individuals.

#### Teen Chill

Fridays will be reserved for a fun evening of socializing with peers. This is an excellent opportunity for Teens to unwind, enjoy fun activities, and build lasting friendships within a safe and supportive environment. If you attend Thursday's Skills Nights, participation in Friday Chill nights is FREE!!! If you only come to Friday Chill, admission is \$5.



1016 - 4th Avenue 780-354-2203 beaverlodge.ca



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim				
7:00am-8:30am	7:00am-8:30am	7:00am-8:30am	7:00am-8:30am	7:00am-8:30am	NI: iN/	ICTA		
Aquafit	Aquafit-Shallow	Aquafit-Combo	Aquafit-Deep	Aquafit	NuV	ID IA I		
Parent & Tot	Parent & Tot	Parent & Tot	Parent & Tot	Parent & Tot	- 10	1017		
9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am	ENERGY	CENTRE		
	School Lessons 10:00am-3:00pm			0.111.0.1				
				Public Swim 12:30pm-2:30pm				
			<u> </u>	12:30pm-2:30pm	Public Swim	Public Swim		
Senior & Assisted	Senior Lane Swim	Senior & Assisted	Senior Lane Swim		12:00pm-5:00pm	12:00pm-5:00pm		
Parent & Tot 3:00pm-4:00pm	Parent & Tot 3:00pm-4:00pm	Parent & Tot 3:00pm-4:00pm	Parent & Tot 3:00pm-4:00pm					
3.00pm-4.00pm		5.00piii-4.00piii						
	Public Swim 4:00pm-5:30pm	Public Swim 4:00pm-9:00pm	Public Swim 4:00pm-5:30pm	Public Swim 3:00pm-9:00pm	Private Rental 5:00pm-6:00pm	Private Rental 5:00pm-6:00pm		
					3.00piii-0.00piii	3.00piii-0.00piii		
Public Swim	Lessons 5:45pm-7:15pm		Lessons 5:45pm-7:15pm		Town P			
4:00pm-9:00pm	Aguafit-Deep		Aguafit-Shallow					
	7:15pm-8:00pm		7:15pm-8:00pm		Deavervodge  n viace to instit vicens			
	Adult Swim		Adult Swim					
	8:00pm-9:00pm		8:00pm-9:00pm					
FITNESS CENTER & FRONT DESK HOURS								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am-9:00pm	7:00am-9:00pm	6:00am-9:00pm	7:00am-9:00pm	6:00am-9:00pm	10:00am-6:00pm	10:00am-6:00pm		
	IMPORTANT INFORMATION							
Annual Aquatics Shut-Down October 21 - November 11			October 14th - Public Swim 12:00-5:00pm					
			www.beaverlodge.ca					
	70.254.000							

	October Fitness Classes									
SUNDAY	NuVista Er MONDAY	nergy Centre 10	WEDNESDAY	THURSDAY	FRIDAY					
	Adult Strength Oct 7,21,28 6:00am-7:00am \$18	6am Fitness Centre Bootcamp Oct 1,8,15,22,29 6:00am-7:00am \$30	<b>Spin Oct 2,9,16,23,30</b> 6:00am-6:45am \$30	6am Fitness Centre Bootcamp Oct 3,10,17,24,31 6:00am-7:00am \$30	*Schedule is subjecto change*					
	Aquafit-Combo 9:00am-10:00am	Aquafit-Shallow 9:00am-10:00am	Aquafit-Combo 9:00am-10:00am	Aquafit-Deep 9:00am-10:00am	Aquafit- Uninstructed 9:00am-10:00am					
Νι	J <b>V</b> IS	TA	Parent & Tot Oct 2,9,16,23,30 9:00am-10:30am \$30 with Chelsea							
QiGong Yoga Oct 6,20,27 6:00-7:00pm 518 Christina	Spin Oct 7,21,28 5:45pm-6:30pm 518		Adult Strength Oct 2,9,16,23,30 5:30pm-6:30pm 530	*Schedule is subject to change*						
	Yoga flow Oct 7,21,28 7pm-8pm \$18 with Christina	Aquafit-Deep 7:00pm-8:00pm	Ride & Strength Oct 2,9,16,23,30 7pm-8pm \$30	Aquafit-Shallow 7:00pm-8:00pm						
IMPORTANT INFORMATION			Call to Register: 780-354-2203							
Drop-Ins available for all classes when space allows. Adult Strength is pre-registered only.			Aquafit is drop-in only.  www.beaverlodge.ca							
	cebook : NuVista Er									

# Front Desk & Fitness Center Hours

Monday: 6am - 9pm

Tuesday: 7am - 9pm

Wednesday: 6am - 9pm

Thursday: 7am - 9pm

Friday: 6am - 9pm

Saturday: 9am - 6pm

Sunday: 9am - 6pm

# Rowing in the Harvest Spirit

The recent Harvest Parade, hosted by the Beaverlodge & District Chamber of Commerce, was a vibrant celebration that brought our community together in the best possible way!

Local residents lined the streets to enjoy the festivities, as the town's beloved mascot, Beaverly, accompanied by Council members Cal Mosher, Hugh Graw, and Cyndi Corbett, floated along the route handing out candy and smiles. Their cheerful presence added to the parade's joyful atmosphere, delighting attendees of all ages.

A big thank you to the Chamber for organizing this fantastic event once again. It was a wonderful showcase of community spirit and a memorable day for Beaverlodge!





## **Upcoming Events:**

**September 30** - National Day for Truth & Reconciliation - Town Office Closed

Oct 3 - Oliver's Funeral Home

Presentation 7pm

October

Oct 5 - Blades Home Game

Oct 11 - Blades Home Game

Oct 11 - Final Shop Local Draw

Oct 12 - Blades Home Game

Oct 15 - Council Meeting

Oct 18 - Blades Home Game

Oct 21 to Nov 11 - Annual Aquatics Shut

Down (Fitness Center still open)

Oct 28 - Council Organizational

Meeting

Oct 30 - Blades Home Game

# Did you Know About The Town Community Calendar?



Submit your community events by going to beaverlodge.ca website. Scroll down to the bottom of the page and click "view calendar". This will take you to the calendar page and at the bottom of the calendar click "submit your event."



Hello All! My name is Cyndi Corbett and I am a Town Councillor for our lovely Town of Beaverlodge. Among the many Boards and Committees I sit on, you may know me from the Economic Development Committee, of which I am Chair.

As you all are aware The Economic Development Committee is running their Fifth Annual Frequent Shoppers Program. We have some awesome prizes available to be won donated by our Wonderful Business Owners. Every Friday we pull a weekly winner, you can view all our weekly winners on our Facebook page. As of September 20, 2024 (week 7) we had collected 3119 cards for a total of \$467,850 spent locally. Way to go!!

Final weekly draw will be October 4th, 2024 followed by the Grand Prize Draw on October 11th.

In no particular order, shout out to our Sponsors:

- Sunrise Restaurant
- Town of Beaverlodge
- Foster's Seed & Feed
- Elle Hair Design
- Trio of Hearts
- Beaverlodge Farmer's Market
- Anna's Family Restaurant
- Northern Roots Hair Design
- Rexall

- Red Apple Store
- Beaverlodge Blades Junior B Hockey
- Petals on Main
- Acuity Eye Care
- Walker's IGA
- Mint Health and Drugs
- New Horizon Co-op
- Beaverlodge Home Building Centre
- NuVista Energy Centre

- The Canton House
- UFA Beaverlodge
- The Butcher Shop
- The Gift Box
- ACE Hardware
- Triple S Tire
- Northgate Electric LTD
- · Anytime Towing
- · Gaudin's Honda

Purchases at these participating stores provide you with a stamp on your card. Collect nine and fill out your name and number and drop off at the Town Office or leave at the store. Good Luck!! And Don't forget.... Keep shopping!

#### Did you know?

Did you know that a local family **WON** an award from the 2024 Alberta Good and Beverage Awards? WINNER of the Dairy category.

**Congratulations** to Kreg and Lee-Anne Alde and their children Konnor and Nevada for coming up with the name and the concept of "Fricey's" and developing an extremely tasty treat!

The Alde's are a fourth generation farming family established in 1927. In 2011 they created Broken Tine Orchards and started planting and harvesting haskaps to make their excellent wine and other spirits. Covid provided them with some quiet time for creativity and focus. After one and a half years, developing and branding the product "Friceys" along with Nourish Food Marketing, they have come with up four different flavours: Haskap, Raspberry, Sour Cherry and Saskatoon.

If you haven't tried them? You need to!

Have some ideas for the Economic Development of our Town? I would love to hear them! Please call Cyndi Corbett 587-298-0432 or email <a href="mailto:corbett@beaverlodge.ca">corbett@beaverlodge.ca</a>