

Breaking the Silence: A Vital Resource for Domestic Violence Support in Beaverlodge

Domestic violence remains a pressing issue, with staggering statistics revealing the urgent need for awareness and accessible resources. According to studies, nearly 1 in 3 women experience some form of intimate partner violence in their lifetime. Yet, despite the prevalence of abuse, the stigma surrounding seeking help often prevents individuals from accessing the support they desperately need.

Did you know that this vital service is available right here in Beaverlodge? The Town of Beaverlodge Family and Community Support Services (FCSS) partners with Odyssey House to bring essential services directly to our community. Through this collaboration, a Community Support Worker is available in Beaverlodge every other Wednesday. This invaluable service is both free and confidential, ensuring that those in need can find help without fear or judgment.

Whether you or someone you know is experiencing abuse in any form, the Community Support Worker is here to provide assistance. Available services include:

- Court Support: Guidance and advocacy for navigating the legal system.
- Mental Health Support: Resources to address emotional and psychological well-being.
- Referrals and Advocacy: Connecting individuals with appropriate services and resources.

Council Corner

<u>Mayor</u> Gary Rycroft

Councillors
Cal Mosher
Hugh Graw
Ryier Hommy
Cody Moulds
Cyndi Corbett
Judy Kokotilo-Bekkerus

Next Council Meeting and Committee of the Whole:

February 10

February 24

6pm-Committee of the Whole
7pm - Council Meeting



Breaking the Silence: A Vital Resource for Domestic Violence Support in Beaverlodge

continued from page 1

- Securing Basic Needs: Assistance with essentials such as housing, food, and clothing.
- Workshops and Support Groups: Opportunities for healing and learning in a supportive environment.
- 1:1 Support: Personalized support tailored to individual needs.
- Emergency Shelter Services and Second Stage Shelters: Safe accommodations for those fleeing abusive situations.

Accessing help should never be a source of shame. This partnership ensures that residents of Beaverlodge and surrounding communities have easy access to critical services and support. Let's work together as a community to reduce the stigma and encourage those in need to seek help. Every step taken toward safety and healing strengthens our community.

How to Access the Service: Appointments can be arranged for either in person or over the phone. To learn more or to book an appointment, email outreach@odysseyhouse.ca or call 780-538-1332 ext. 108.

This service is available for any that need it. Let's spread the word about this critical resource and ensure that no one has to face abuse alone.



February

2025

Upcoming Events:

Jan 31 - Pet & Business Licenses are Due

Feb 17 - Family Day @ NuVista

Energy Centre 12-5pm

Feb 17 - Family Day - Town

Office Closed

Feb 24 - Senior's Fair 10-3pm @

NuVista Energy Centre

Did you Know About The Town Community Calendar?



Submit your community events by going to beaverlodge.ca website. Scroll down to the bottom of the page and click "view calendar". This will take you to the calendar page and at the bottom of the calendar click "submit your event."

Reminder: Pet & Business Licenses Are Due

All dogs and cats within the Town of Beaverlodge must be licensed. Licenses are valid for the calendar year only. Existing licenses expired December 31, 2024. Licenses for 2025 must be purchased by January 31, 2025.

BUSINESS LICENSES: All businesses require a license in Beaverlodge.
Existing Business Licenses expired
December 31, 2024. 2025 licenses must be purchased before January 31, 2025.





ARE YOU OVER 18? A CANADIAN CITIZEN?

HAVE YOU BEEN A TOWN RESIDENT FOR AT LEAST 6 MONTHS?

WOULD YOU LIKE TO SHAPE THE FUTURE OF YOUR COMMUNITY?

NOMINATIONS ARE NOW OPEN

for the Municipal Election

until noon September 22, 2025

Visit beaverlodge.ca to download a Candidate Handbook or pick-up from the Town Office

VOTE

Media Contact: Jeff Johnston, Returning Officer or Tina Letendre, Deputy Returning Officer at 780-354-2201



Municipal Election October 20, 2025



Spring Lake Ski Hill Association

Each month Beaver Tails will featuring a different volunteer organization to learn more about.

Spring Lake Ski hill was started in the early 80's by 2 local women with a vision. They erected the chalet and had a summer student program assist with clearing the runs we use to this day. Countless volunteers stood up and made the hill successful. Some signed notes to get equipment such as the t-bar and snowcat.

The Spring Lake Ski Hill Association is dedicated to promoting outdoor recreation, safety, and community spirit through the maintenance and operation of the Spring Lake Ski Hill. Established to bring families and individuals together during the winter months, the association has grown into a vital part of the local community. Our vision is to provide a safe, welcoming, and inclusive space for people of all ages to enjoy skiing, snowboarding, and outdoor winter fun.

The current volunteer board has been instrumental in revitalizing the hill, overseeing major projects such as renovating the log chalet, installing a new T-bar lift, servicing the snowcat, replacing rental equipment, and reopening the ski hill after its closure in 2019. These efforts ensure that the ski hill remains a cherished resource for future generations.

The Ski Hill gives back to the community by providing affordable access to winter sports and recreation, organizing events, and creating a space for families to connect and build memories. Historically our hill has been known to start many of our local youth in the sport of skiing. We have trained many of our staff to be level 1 ski and snowboard instructors and opened a Snow School. We employ local youth, offering them meaningful opportunities to gain experience and contribute to their community.



Additionally, our log chalet serves as a hub for skiers, ice fishers, and visitors from near and far, providing a cozy space to warm up by the wood fire, enjoy the views, watch family and friends on the hill, and share meals from our kitchen concession.

Volunteers are the backbone of our association. Typical roles include helping with hill maintenance & operations, assisting with safety and risk management, helping out with events, marketing and social media, fundraising and working in the chalet and kitchen to name a few. Volunteers have also contributed to major projects like the chalet upgrades and installing the new T-bar lift.

Volunteer opportunities are available for all skill levels, from manual labor to administrative tasks, marketing, and events.

Interested individuals can reach out to the association directly through email at info@springlakehill.com.



Do you want your organization featured? Email rstockman@beaverlodge.ca

BREAKING NEWS!

NEW PARTNERSHIP BETWEEN CRAVEE DELIVERY AND BEAVERLODGE MEALS ON WHEELS!



We are thrilled to announce an incredible milestone in our mission to serve the community! Thanks to the generosity of **CRAVEE** Delivery Services, Meals on Wheels can now reach clients outside Beaverlodge completely **FREE** of charge! Delivery of pre-paid meals is now available to the following areas: Wembley, Valhalla, La Glace, Hythe, Elmworth, and Goodfare.

This partnership represents a significant expansion of our commitment to ensuring everyone has access to nutritious meals and related program resources that promote health, well-being, and independence.

CRAVEE's generous donation of their time and services helps us break down barriers and reach more people in need. Meals are delivered every other Monday, ensuring regular and reliable service to all clients.

Thank you to the **CRAVEE** team for making a difference in our community!

For more information or to sign up for this amazing program, please call Reanna at FCSS at 780-354-4057.

Together, we're building a stronger, healthier community!









THE TOWN OF BEAVERLODGE PRESENTS

Family FUN DAY

Join the Town of Beaverlodge at the NuVista Energy Centre for some **FREE** family fun this Family Day!

MONDAY, FEBRUARY 17 12PM - 5PM



FREE Hot Dogs & Pop 12pm - 2pm



Board Games & Floor Hockey 12pm - 5pm



FREE Public Swim 12pm - 5pm



FREE Public Skate 1pm - 3pm FREE Stick & Puck 3pm - 5pm









2025 SENIOR'S FAIR

Come and explore the services and groups available for seniors



MONDAY, FEBRUARY 24 10AM -3PM



NUVISTA ENERGY CENTRE 1024 - 4TH AVE, BEAVERLODGE



Join over 20 different senior serving organizations including: Service Canada, County of Grande Prairie Home Support, Alzheimer's Association of Alberta, Caregivers Alberta, Recovery Alberta, Senior's Outreach, Primary Care Network, Men's Shed, SPRCL, Beaverlodge Funeral Home, Meals on Wheels, FCSS and MORE!

SPECIAL PRESENTATIONS:

10:30AM - SENIOR SCAMS PRESENTATION BY SERVICE CANADA

1PM - EMPOWER ME : ENERGY SAVINGS WORKSHOP FOR SENIORS







1016 - 4th Avenue 780-354-2203 beaverlodge.ca



NuVista Energy Centre Aquatics and Facility Schedule February 1-28,2025								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Lane Swim 7:00am-8:30am	Lane Swim 7:00am-8:30am	Lane Swim 7:00am-8:30am	Lane Swim 7:00am-8:30am	Lane Swim 7:00am-8:30am	NI. A	ISTA		
Aquafit Parent & Tot 9:00am-10:00am	Aquafit-Shallow Parent & Tot 9:00am-10:00am	Aquafit-Combo Parent & Tot 9:00am-10:00am	Aquafit-Deep Parent & Tot 9:00am-10:00am	Aquafit Parent & Tot 9:00am-10:00am	NUV			
0		School Lessons 10:00am-3:00pm	Š	Public Swim 12:30pm-2:30pm	ENERGY CENTRE Public Swim Public Swim			
Senior & Assisted Parent & Tot 3:00pm-4:00pm	Senior Lane Swim Parent & Tot 3:00pm-4:00pm	Senior & Assisted Parent & Tot 3:00pm-4:00pm	Senior Lane Swim Parent & Tot 3:00pm-4:00pm		12:00pm-5:00pm	12:00pm-5:00pm		
Lessons 4:00pm-7:00pm	Lessons 4:00pm-5:00pm		Lessons 4:00pm-5:00pm	Public Swim 3:00pm-9:00pm	Private Rental 5:00pm-6:00pm	Private Rental 5:00pm-6:00pm		
	Public Swim 5:00pm-7:00pm	Public Swim	Public Swim 5:00pm-7:00pm		1016-4th Avenue, Beaverlodge 780-354-2203			
Public Swim 7:00pm-9:00pm	Aquafit-Deep 7:00pm-8:00pm	4:00pm-9:00pm	Aquafit-Shallow 7:00pm-8:00pm					
	Adult Swim 8:00pm-9:00pm		Adult Swim 8:00pm-9:00pm					
FITNESS CENTER & FRONT DESK HOURS								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am-9:00pm	7:00am-9:00pm	6:00am-9:00pm	7:00am-9:00pm	6:00am-9:00pm	10:00am-6:00pm	10:00am-6:00pm		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
	Fitness Centre Bootcamp Feb 4,11,18,25 6:00am-7:00am \$24/Month	Spin Feb 5,12,19,26 6:00am-6:45am \$24/Month	Fitness Centre Bootcamp Feb 6,13,20,27 6:00am-7:00am \$24/Month	*Schedule is subject to change*				
Aquafit-Combo 9:00am-10:00am	Aquafit-Shallow 9:00am-10:00am	Aquafit-Combo 9:00am-10:00am	Aquafit-Deep 9:00am-10:00am	Aquafit- Uninstructed 9:00am-10:00am				
				Mullian				
Spin Feb 3,10,24 6:00pm-6:45pm \$18/Month	Adult Strength Feb 4,11,18,25 5:30pm-6:30pm \$24/Month	Ride & Strength Feb 5,12,19,26 5:15pm-6:15pm \$24/Month	Adult Strength Feb 6,13,20,27 5:30pm-6:30pm \$24/Month	NUVISTA				
Hatha Yoga With Christine Feb 3,10,24 7:00pm-8:00pm \$18/Month	Aquafit-Deep 7:00pm-8:00pm	HIIT Feb 5,12,19,26 6:30pm-7:30pm \$24/Month	Aquafit-Shallow 7:00pm-8:00pm	ENERGY CENTRE				
	Impor	tant Infor	mation					
Drop-Ins available for all classes when space allows.								
Facility will be Open 12-5pm Feb 17								
Aquafit is drop-in only.								
Visit us on Facebook : NuVista Energy Centre								

Front Desk & Fitness Center Hours

Monday: 6am - 9pm

Tuesday: 7am - 9pm

Wednesday: 6am - 9pm

Thursday: 7am - 9pm

Friday: 6am - 9pm

Saturday: 10am - 6pm

Sunday: 10am - 6pm





BRONZE

Bronze Medallion challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

February 24th- March 17th

Monday, Feb 24th 5-9PM Monday, March 3rd 5-9PM Monday, March 10th 5-9PM Monday, March 17th 5-9PM

Prerequisites: Bronze Star OR minimum of 13yrs old, current CPR-C or Alberta Workplace Intermediate First Aid

Call us to Book **(780) 354-2203**



NUVISTA ENERGY CENTRE

BRONZE CROSS

COURS

The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as an assistant lifeguard. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasized the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a pre-requisite for advanced training in the Society's National Lifeguard and leadership certification programs.



APRIL 14TH, APRIL 21ST, APRII 28TH, MAY 5TH, MAY 12TH

5-9PM



Bronze Medallion (need not be current), current Alberta Workplace Intermediate First Aid

CALL US TO BOOK

(780) 354-2203

\$175





Reflecting on My Time on Beaverlodge Town Council

Serving on Beaverlodge Town Council over the past three years has been a remarkable journey of growth and discovery. When I first joined, I had no idea how intricate the processes and procedures were for completing community projects. From navigating the steps required to get initiatives off the ground to understanding the timelines involved, it has been a steep but rewarding learning curve.

One of the most eye-opening aspects has been exploring the various grants available to our community. These funding opportunities are critical for moving projects forward and ensuring Beaverlodge continues to thrive. I've been fortunate to learn from my fellow council members, whose experience and dedication have been invaluable.

Our town staff also deserve recognition for their hard work. This winter, for example, their commitment to snow clearing has been exceptional, and the positive feedback from residents is a testament to their efforts.

Looking ahead, I remain committed to several key goals, including pursuing a new arena or upgrades to the existing facility. The arena is a vital part of our community, and I'm determined to see progress in this area. Additionally, the Mountainview Health Complex's recent announcement of 24-hour access is fantastic news for Beaverlodge. This development will significantly benefit residents and underscores the importance of continually advocating for improved services.

On a personal note, life has been busy as my family has grown with the addition of two more boys since I first ran for council. They keep me on my toes, providing a constant reminder of the importance of building a strong and vibrant community for future generations.

It's also been wonderful to see the return of junior hockey to Beaverlodge. The team has had an impressive season, and the enthusiasm in the community is palpable. I encourage everyone to come out and cheer them on.

Lastly, I hope to see many residents at our next "Coffee with Council" event when the date is announced. It's a great opportunity to share ideas, ask questions, and work together toward a better Beaverlodge.

Thank you for your trust and support over these past three years. It's an honor to serve this amazing community, and I look forward to continuing to advocate for our town's growth and success.

Cody Moulds Beaverlodge Town Council

